

**CONWAY SCHOOL DISTRICT ELEMENTARY SCHOOL CYCLE MENU - MARCH, 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST
Alternate- PB & J and Cheese Stick	Alternate- Deli Sandwich	Alternate- Toasted Cheese Sandwich	Alternate- Turkey Hot Dog	Alternate- Pizza	All Breads are Whole Grain; All Vegetable are Lightly Buttered; Condiments include Ketchup, Mustard, Mayo
		Feb 28	1	2	<b>MONDAY</b>
		Chicken & Black Bean Taco Salad, Corn Salsal, Fruit, Milk	Macaroni & Cheese, Fishsticks, Glazed Carrots, Fruit, Milk/Juice	Homemade Pizza, Caesar Salad, Fruit, Milk	Breakfast Pizza, Cereal or Yogurt
5	6	7	8	9	<b>TUESDAY</b>
Volcanic Meatball w/Spaghetti, Green Beans, Fruit, Milk	Tomato Soup, Tuna Melt, Veggies & Hummus, Fruit, Milk/Juice	Sweet & Sour Chicken, Brown Rice, Roasted Veggies, Fruit/Milk	All School Ski Day - Bag Lunches - Sunbutter & Jelly, Fruit, Milk/Juice	Stuffed Crust Pizza, Tossed Salad, Fruit, Milk	French Toast Sticks w/ Maple Syrup or Cereal or Yogurt
12	13	14	15	16	<b>WEDNESDAY</b>
Chiken Noodle Soup, Ham & Cheese on Croissant, Veggies & Dip, Fruit, Milk	Sausage & Onion Quiche, Blueberry Muffin, 4 Bean Salad, Fruit, Juice/Milk	Turkey & Dressing Supreme, Peas & Carrots, Fruit, Milk	Chicken Burger on Wheat Roll, Oven Fries, Green Beans, Fruit, Milk/Juice	Homemade Pizza, Strawberry & Spincah Salad Salad, Fruit, Milk	Breakfast Sandwich or Cereal or Yogurt
19	20	21	22	23	<b>THURSDAY</b>
Build -a- Cheeseburger, Fries, Chuckwagon Beans, Fruit, Milk	Chicken & Rice, Broccoli, Fruit, Milk/Juice	Breakfast for Lunch: Maple Waffle, Sausage Patty, Sweet Potato Hash, Fruit, Milk	Early Release: Homemade Pizza, Vegetables, Fruit, Milk/Juice	Teacher Workshop: NO SCHOOL	Yogurt Parfait or Cereal
26	27	28	29	30	<b>FRIDAY</b>
Chicken Quesadilla, Corn, Salsa, Fruit, Milk	American Chop Suey, Green Beans, Fruit, Milk/Juice	BBQ Pork Sandwich, Baked Beans, Apple Slaw, Fruit, Milk	Turkey Pot Pie, Wheat Breadstick, Fruit, Milk/Juice	French Bread Pizza, Veggies & Hummus, Fruit Milk	Scrambled Eggs or Cereal or Yogurt
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<small>Breakfast: Student- \$2.00; Reduced- \$.30; Adult- \$3.00</small>					
<small>Lunch: Student- \$3.00; Reduced- \$.40; Adult- \$4.50</small>					
<small>Snack/ Cold Lunch Drinks \$.50. If student is charging, they must have a credit on their account.</small>					