

CONWAY SCHOOL DISTRICT ELEMENTARY SCHOOL CYCLE MENU - JANUARY, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST
Alternate- PB & J and Cheese Stick	Alternate- Deli Sandwich	Alternate- Toasted Cheese Sandwich	Alternate- Turkey Hot Dog	Alternate- Pizza	All Breads are Whole Grain; All Vegetable are Lightly Buttered; Condiments include Ketchup, Mustard, Mayo
1	2	3	4	5	MONDAY
8	9	10	11	12	TUESDAY
			Chicken Nuggets, Oven Fries Butternut Squash, Fruit, Milk/Juice	Big Daddy Pizza, Caesar Salad, Fruit, Milk	French Toast Sticks w/ Maple Syrup or Cereal or Yogurt
15	16	17	18	19	WEDNESDAY
NO SCHOOL - Martin Luther King, Jr. Day	Beef Tacos w/Veggies, Refried Beans, Corn Salsa, Fruit, Milk/Juice	Macaroni & Cheese w/Fish Sticks, Baby Carrots, Fruit, Milk	BBQ Pulled Pork Sandwich, Sweet Potato Fries, Fruit, Milk/Juice	Stuffed Crust Pizza, Red Pepper Hummus, Carrots & Celery, Fruit, Milk	Breakfast Sandwich or Cereal or Yogurt
22	23	24	25	26	THURSDAY
Ski Day - Bag Lunches	Chicken Noodle Soup, Ham & Cheese Croissant, Corn, Fruit, Milk/Juice	Roast Turkey, Gravy, Mashed Potato, Peas & Carrots, Cranberry Sauce, Fruit, Milk	Build a Burger w/ Veggies, Pasta Salad, Fruit, Milk/ Juice	French Bread Pizza, Tossed Salad w/Ranch, Fruit, Milk	Yogurt Parfait or Cereal
29	30	31	February 1	February 2	FRIDAY
Ski Day - Bag Lunches	Chicken Quesadilla, Cowboy Caviar, Fruit, Milk/Juice	Tomato Soup, Fishwich, Coleslaw, Tatar Sauce, Fruit, Milk	Chicken Pot Pie, Fruit, Milk/Juice	Big Daddy Pizza, Caesar Salad, Fruit, Milk	Scrambled Eggs or Cereal or Yogurt

This institution is an equal opportunity provider. In Accordance with discriminating on the basis of race, color, national origin, sex, age or disability.U.S. Department of Agriculture policies. This institution is Prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Breakfast: Student- \$2.00; Reduced- \$3.00; Adult- \$3.00

Lunch: Student- \$3.00; Reduced- \$4.00; Adult- \$4.50

Snack/ Cold Lunch Drinks \$3.50. If student is charging, they must have a credit on their account.