

CONWAY SCHOOL DISTRICT ELEMENTARY SCHOOL CYCLE MENU - NOVEMBER, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST
Alternate- PB & J and Cheese Stick	Alternate- Deli Sandwich	Alternate- Toasted Cheese Sandwich	Alternate- Turkey Hot Dog	Alternate- Pizza	
30	31	1	2	3	MONDAY
Meatball Sub, Sweet Potato Fries, Fruit, Milk	Turkey Tetrizzini w/ Pasta, Broccoli, Fruit, Milk/ Juice	Chicken Quesadilla, Cowboy Caviar, Fruit, Milk	Chicken Burger w/Veggies, Pickles, Chips, Fruit, Milk/Juice	French Bread Pizza, Caesar Salad, Fruit, Milk	Breakfast Pizza or Cereal or Yogurt
6	7	8	9	10	TUESDAY
Spaghetti & Meat Sauce, Tossed Salad, Fruit, Milk	Chicken Soup, Ham & Cheese Croissant, Chips, Pickles, Fruit, Milk/Juice	Open Faced Turkey Sandwich, Green Beans, Fruit, Milk	Homemade Pizza, Veggies & Hummus, Fruit, Milk/Juice	NO SCHOOL	French Toast Sticks w/ Maple Syrup or Cereal or Yogurt
13	14	15	16	17	WEDNESDAY
Macaroni & Cheese w/Ham, Green Beans, Fruit, Milk	Beef Stew, Wheat Breadstick, Fruit, Milk/Juice	Turkey Dinner, Peas & Carrots, Fruit, Milk	BBQ Pork, Sweet Potato Fries, Fruit, Milk/Juice	Stuffed Crust Pizza, Salad, Fruit, Milk	Breakfast Sandwich or Cereal or Yogurt
20	21	22	23	24	THURSDAY
Breakfast for Lunch - Maple Waffle, Sausage, Hashbrowns, Fruit, Milk	Volcanic Meatball w/Pasta, Green Beans, Fruit, Milk/Juice	NO SCHOOL	NO SCHOOL	NO SCHOOL	Yogurt Parfait or Cereal
27	28	29	30		FRIDAY
Roast Beef on a Croissant, Sweet Potato Fries, Fruit, Milk	Chicken Pot Pie, Mashed Potato, Peas, Fruit, Milk/Juice	Quiche - Sausage & Onion, Romaine Salad, Blueberry Muffin, Fruit, Milk	Chicken Taco Salad, Corn, Salsa, Fruit, Milk/Juice	All Breads are Whole Grain; All Vegetables are Lightly Buttered; Condiments include Ketchup, Mustard, Mayo	Scrambled Eggs or Cereal or Yogurt

This institution is an equal opportunity provider. In Accordance with discriminating on the basis of race, color, national origin, sex, age or disability.U.S. Department of Agriculture policies. This institution is Prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Breakfast: Student- \$2.00; Reduced- \$.30; Adult- \$3.00

Lunch: Student- \$3.00; Reduced- \$.40; Adult- \$4.50

Snack/ Cold Lunch Drinks \$.50. If student is charging, they must have a credit on their account.